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EVALUATION OF HYDROPHILIC AND LIPOPHILIC ANTIOXIDANT CAPACITY IN SPANISH TOMATO PASTE. USEFULNESS OF FRONT-FACE TOTAL FLUORESCENCE SIGNAL COMBINED WITH PARAFAC

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Abstract

The hydrophilic and lipophilic antioxidant activities due to the main bioactive components present in Spanish tomato paste samples were studied, using standardized and fluorescent methods. After extraction, phenolic antioxidants (Folin-Ciocalteu method) and total antioxidant activity (TEAC assay) were evaluated, examining differences between hydrophilic and lipophilic extracts corresponding to different samples. Total fluorescence spectra of extracts (excitation-emission matrices, EEMs) were recorded in the front-face mode at two different ranges: 210-300 nm/ 310-390 nm, and 295-350 nm/380-480 nm, for excitation and emission, respectively, in the hydrophilic extracts. In the lipophilic extracts, the first range was 230-283 nm/290-340 nm, while the second range was 315-383 nm/390-500 nm for excitation and emission, respectively. EEMs from a set of 22 samples were analyzed by the second-order multivariate technique Parallel Factor Analysis (PARAFAC). Tentative assignation of the different components to the various fluorophores of tomato was tried, based on literature. Correlation between the antioxidant activity and score values retrieved for different components in PARAFAC model was obtained. The possibility of using EEMs-PARAFAC to evaluate antioxidant activity of hydrophilic and lipophilic compounds in these samples was examined, obtaining good results in accordance with the Folin-Ciocalteu and TEAC assays.

Keywords: tomatoes; lipophilic and hydrophilic antioxidant activities; Folin-Ciocalteu and TEAC assays; front-face fluorescence; excitation-emission matrices-PARAFAC.

1 Introduction

As part of Mediterranean diet, tomato is one of the most consumed vegetables in the world, as fresh
fruits in salads, various culinary preparations, juices, or processed in the form of purees, concentrates,
condiments, and sauces. As been demonstrated in a great number of studies, Mediterranean diet
presents health benefits (Sofi et al. 2010; Trichopoulou et al. 2014).

According to the <u>FAO:</u> "tomato is the second most important vegetable crop next to potato."
According to the data recorded by this organization, the world production tomatoes has been
182.256.458 tons in 2018 (<u>http://www.fao.org/faostat/en/#data/QC/visualize</u>), being Spain the
seventh producer with 4768595.

10 The consideration of tomato as a functional food has been examined (Canene-Adams et al. 2005). 11 Tomatoes are basically water and have a low caloric power given their low fat and dry matter content, 12 sugars constitute the bulk of soluble solids. However, many tomato products are good sources of 13 potassium and folate, similarly with other popular vegetables, and tomato products are a superior 14 source of α -tocopherol and vitamin C, whereas only carrots, between the other regularly consumed 15 vegetables, are a better source of vitamin A than tomato-based foods. Also, tomatoes contain valuable 16 phytochemicals, including carotenoids, mainly lycopene, β -carotene, phytoene, and phytofluene, and 17 polyphenols as the conjugated forms of quercetin and kaempferol. Health effects derived from tomato 18 components could also be due not only to these bioactive compounds but also to their metabolic 19 products.

The antioxidant capacity of tomatoes can be mainly attributed to some of these nutrients, such us, lycopene, ascorbic acid, and phenolic compounds (Sahlin et al. 2004). These antioxidants compounds can be classified as hydrophilic or lipophilic, being differentiated the lipophilic (LAA) and hydrophilic antioxidant activity (HAA). Carotenoids, especially lycopene and β -carotene as well as vitamin E (α - and γ -tocopherol) are the main lipophilic antioxidants, whereas in the hydrophilic fraction, polyphenolics (flavonoids – quercetin, kaempferol and naringenin, and phenolic acid – 26 caffeic, chlorogenic, ferulic and p-coumaric acids), together with ascorbic acid can be found
27 (Savatović et al. 2012).

Some of the factors influencing in the total amount of the antioxidant of tomato activities, such us, the different fractions of skin, pulp or seeds (Toor and Savage 2005), genotype of tomatoes (George et al. 2004), production and processing stages (Capanoglu et al. 2010; Gümüşay et al. 2015; Wu et al. 2004) and so on, have been examined in the case of processed foods from this vegetable. This way, different studies have been performed on the influence of the different stages of production of tomato paste over its content in some antioxidants (Capanoglu et al. 2008; Koh et al. 2012)

Due the great interest in these results, it is easily understood the needing for quick and easy analytical
methods that allow the determination of each antioxidant compound, a set of them or the evaluation
of HAA and LAA.

37 In the last case, different assays have been proposed based on different action modes: hydrogen atom 38 transfer (HAT) and single electron transfer (SET) assays (Moharram and Youssef 2014). Thus, the modified method (Prior et al. 2003) using the ABTS (2,2'-azino bis (3-ethylbenzothiazoline-6-39 40 sulfonic acid) diammonium salt) radical decolorization assay (Miller and Rice-Evans 1997) was used 41 to separate the hydrophilic and lipophilic extracts of different finely ground freeze-dried fractions of 42 tomatoes. In the assay for lipophilic and hydrophilic antioxidant capacities using the oxygen radical 43 absorbance capacity (ORAC_{FL}) with fluorescein as the fluorescent probe and 2,2'-azobis(2-44 amidinopropane) dihydrochloride as a peroxyl radical generator (Prior et al. 2003) on over 100 45 different kinds of foods, including fruits, vegetables (as tomatoes), nuts, dried fruits, spices, cereals, 46 infant, and other foods, samples were initially extracted with 1:1 hexane/dichloromethane followed 47 by acetone/water/acetic acid (70:29.5:0.5).

In another electron transfer based method (Zanfini et al. 2017) fresh tomato sample was extracted with CH₂Cl₂ for the determination of lipophilic antioxidant activity (LAA). The residue was extracted with 60% methanol in water. In the assay proposed by (García-Alonso et al. 2015), tomato lipo- and hydrophilic extracts from a commercially available tomato concentrate were prepared extracting with hexane/water (25/2) or with water, respectively. In a revision of the methods available for the measurement of antioxidant capacity in foods and dietary supplements (Prior et al. 2005), a comparison of methods based upon factors as simplicity, instrumentation required, whether the assay is adaptable to measure HAA and LAA, between others, is included. The authors found that the ORAC method, based on HAT mechanism, and the Trolox equivalent antioxidant capacity (TEAC) assay, based on SET mechanism are the more adaptable to measure lipophilic and hydrophilic antioxidants

59 On the other hand, it must be highlighted that hydrophilic AA measured by $ORAC_{FL}$ method has been 60 found to be around ten times higher than lipophilic AA (Wu et al. 2004) and some compounds 61 included in the hydrophilic extract are fluorescent.

These traditional assays are not the only utilized, but methods of antioxidant capacity evaluation include spectroscopy, chromatography and electrochemical techniques (Pisoschi et al. 2016; Pisoschi and Negulescu 2012). These alternative assays try to reduce the consumption of solvent and standards compared to the traditional assays, which are expensive, time-consuming, and laborious.

Nowadays, fluorescence spectroscopy is being of great interest for scientific community. Some
reviews found in the literature show the use of fluorescence techniques in different kinds of foods
(Hassoun et al. 2019; Lei and Sun 2019; Shaikh and O'Donnell 2017).

69 In the case of tomatoes samples, there are not many studies in the literature about the use of excitation-70 emission fluorescence matrices (EEMs) in combination with multivariate modeling to extract relevant information. The study performed by Orzel et al. focused in the use of excitation-emission 71 fluorescence obtained from tomato pastes and water extracts of them for the evaluation of their 72 73 hydrophilic antioxidant properties (Orzel et al. 2015). These signals, as well as IR spectra, were 74 analyzed with chemometrics tools, as partial least-squares regression (PLSR) and its N-way variant, to predict the total antioxidant capacity (TAC) or total phenolic content (TPC) of the samples, 75 76 estimated by ORAC assay and the Folin-Ciocalteu (F-C) reagent, respectively. A PLSR model was built using a set of a few new variables that maximize the covariance between the dependent variable 77

(TAC or TPC) and the explanatory variables (e.g., a collection of spectra). These explanatory
variables can be arranged in a matrix form whether they represent a simple IR or UV–vis spectra or
unfolded EEMs. The N-way partial least-squares regression can be regarded as an extension of twoway PLSR to model three-or higher-way data.

82 The aim of this work was to explore the possibilities of using total fluorescence signals to evaluate the antioxidant activity of tomato paste, as an alternative to the established methods which are, in 83 general, tedious and, time and reagents consuming. Specifically, the use of excitation-emission 84 85 fluorescence matrices (EEMs) to examine different extracts from these samples, which correspond to 86 hydrophilic and lipophilic antioxidant activity. This would allow us to investigate the nature of 87 fluorescent compounds presents in these extracts of tomato paste, by previously constructing a parallel factor analysis (PARAFAC) model to distinguish between the possible components in these 88 89 signals, and the analysis of the extracts using standardized methods, as the Folin-Ciocalteu and TEAC 90 assays.

91 Materials and methods

92 Chemicals and standards

93 Acetone, acetic acid, sodium carbonate anhydrous, Folin Ciocalteu reagent and ethanol were 94 purchased from Panreac (Barcelona, Spain), while isohexane was provided by VWR Chemicals 95 (Barcelona, Spain) and potassium persulfate from Probus (Barcelona, Spain). Gallic acid, ABTS (2'2azino-bis [3-ethylbenzothiazoline-6-sulfonic] acid) and Trolox (6 hydroxy-2,5,7,8-trimethyl-96 chroman-2-carboxylic acid) were obtained from Sigma-Aldrich Química (Madrid, Spain). ABTS^{*+} 97 98 radical was prepared by adding of K₂S₂O₈ (88µL) to ABTS solution (7mM, 25mL), storing at low 99 temperature in the dark. For all preparations Milli-Q water, obtained by MilliQ-Water system 100 (Millipore S.A.S, Francia), was used.

101 Samples

102 Samples of tomato paste (a total of 22) were obtained from Centro Tecnológico Nacional 103 Agroalimentario "Extremadura" - CTAEX. These were prepared from tomatoes from different 104 producers in Extremadura, Spain (characteristics in Table S1), submitted to different treatments until 105 obtaining the tomato paste, as seen in the preparation process shown in Fig. 1. These tomatoes were 106 subjected to "Hot-Break" enzymatic inactivation after previous processes of washing, selection and 107 cutting of the raw material. Skins and seeds were removed by sifter and refiners to finally obtain the 108 tomato concentrate after the evaporation and pasteurization processes. These tomato pastes were 109 stored frozen until preparation of the extracts to prevent their degradation.

110 Extraction process for separation of hydrophilic and lipophilic extracts

All the samples were subjected to a pre-treatment with the aim to separate the hydrophilic and lipophilic components present in the tomato paste. A modified extraction method from Toor and Savage (2005) was used to separate the hydrophilic and lipophilic fractions of the tomato paste. In brief, accurately weighed aliquots of 0.5 g of previously defrosted tomato paste were extracted twice with 10.0 mL of isohexane by shaking each time for 10 min in a vortex, followed by centrifugation at 3000 rpm for 10 min. The extracts were pooled, mixed well, and stored in 2 aliquots of 10.0 mL at low temperature.

118 Once the lipophilic fraction was separated, the solid residue was used for the extraction of the hydrophilic compounds, after drying under nitrogen flow to eliminate the remaining isohexane 119 present. This residue was extracted with 10.0 mL of a mixture of acetone:water:acetic acid, 120 121 (70:29.5:0.5) by shaking in a vortex and sonicated for 10 min to completely dissolve the hydrophilic 122 components, followed by centrifugation at 3000 rpm for 10 min. The supernatant (hydrophilic extract) 123 was then transferred to two tubes in 2 aliquots of 5.0 mL for their conservation at low temperature. 124 In both extracts, the determination of polyphenolic compounds was carried out by the Folin-Ciocalteu 125 method, and the antioxidant activity was studied by the TEAC assay.

126 On the other hand, the hydrophilic and lipophilic antioxidant activity of the different extracts from tomato paste was evaluated by front-face total fluorescence signal, obtaining the excitation-emission 127 128 matrices (EEMs). The lipophilic EEMs were obtained directly from the same tomato lipophilic extract 129 already obtained, without previous treatment of them. However, recording EEMs directly in 130 hydrophilic gave bad results, due to the acetone absorbs all the incident radiation on the sample. For 131 this reason, other hydrophilic extracts were prepared using Milli-Q water as extracting agent 132 according to the slightly modified García-Alonso et al. method (2015), as follow: magnetic stirring 133 of 1 g tomato paste in 10.0 mL distilled water for 7 min. Then, the extract was filtered 0.2 µm pore 134 size syringe filter and stored at -4 °C until analyzed.

135 Folin-Ciocalteu method

Total antioxidant activity of the polyphenols in the hydrophilic and lipophilic extracts of the tomato fractions were measured by the method, adapted from Toor and Savage (2005), based on a redox reaction between polyphenols and a mixture of Mo(VI) and W(VI) in which lower oxidation states of these metals are obtained. Gallic acid was used as a standard, and the antioxidant activity were expressed as gallic acid equivalents (GAE) per 100 g of tomato paste.

141 The influence of gallic acid concentration was examined between 1.0 mg/L and 25.0 mg/L to find the 142 linear interval of the calibration plot, and then standards between 2.52 mg/L and 15.20 mg/L were 143 utilized to adjust the calibration parameters. The standards were prepared, in triplicate, in 25 mL 144 flasks, adding the corresponding volumes of gallic acid stock solution (100.0 or 1000.0 mg/L). These 145 volumes were diluted with 10 mL of H₂O Milli-Q in 25.0 mL volumetric flask and then treated with 146 0.25 mL of the Folin-Ciocalteu reagent. These solutions were kept in the dark at room temperature 147 for 10 minutes, the time required to complete the oxidation reaction. Subsequently, the mixture was 148 neutralized by adding 2.5 mL of Na₂CO₃ (7.5% w/v) and diluted with H₂O Milli-Q to the mark. The 149 analytical signal (absorbance signal at 662 nm) was taken 9 hours after preparation of the samples.

150 When the Folin-Ciocalteu method was applied to hydrophilic extract, 1.5 mL of this was appropriately

diluted with 10 mL of H₂O Milli-Q in 25.0 mL volumetric flask, following as described above.

152 On the other hand, the lipophilic extract was prepared by drying a known volume (1.5 mL) of the 153 isohexane extract under nitrogen flow directly in the flask. Subsequently, 2.0 mL of acetone and H_2O 154 are added until a volume of 10.0 mL to continue with the same procedure as in the hydrophilic 155 extracts.

156 TEAC assay (Trolox equivalent antioxidant capacity)

The antioxidant activity of the hydrophilic and lipophilic extracts of the tomato fractions was 157 158 (2'2-azino-bis [3-ethylbenzothiazoline-6-sulfonic] measured using ABTS acid) radical 159 decolorization assay (Ramírez Anaya 2013). This method consists of an electron transfer reaction (SET), in which the ability of the sample to capture free radicals is measured by the 160 spectrophotometric monitoring at 749 nm of the ABTS⁺⁺ radical discoloration. Therefore, it is based 161 on the ability of an antioxidant to stabilize the ABTS⁺⁺ colored cation radical, inhibiting the chain 162 reaction that leads to oxidation. The antioxidant activity was expressed as equivalents of Trolox 163 (μ mol Trolox/g of sample). 164

165 The validation by the TEAC method, using Trolox as internal standard, was carried out by preparing in triplicate seven Trolox standards with concentrations between 0.025 and 0.50 mM. These standards 166 167 were prepared in 10.0 mL volumetric flasks, adding the corresponding volumes of the standard solution (5.00 mM), and following the above-mentioned procedure. In brief, volumes of 150 μ L of 168 the corresponding standard solution were mixed with 3 mL of the diluted ABTS⁺⁺ solution and the 169 170 absorption spectra (300 - 900 nm) of each of the standard solutions was recorded at the beginning and 171 30 min after starting the reaction, when the equilibrium state is reached, using ultrapure water to obtain the baseline. The absorbance value at 749 nm was measured at the beginning (A₀) and after 172 reaching the equilibrium (A₁), and the ABTS⁺⁺ radical elimination was obtained according to 173

174 $ABTS^{+}radical \ elimination = (A_0 - A_1)/A_0$

The lipophilic and hydrophilic extracts of the tomato paste samples were also analyzed separately. In
brief, 500 μL of the liquid extract (mixture of acetone:water:acetic acid (70:29.5:0.5)) of the

177 hydrophilic samples were dried under nitrogen flow to eliminate completely the acetone, and, 178 subsequently, 100.0 μ L of ethanol and 3 mL of the diluted ethanol solution of the ABTS^{*+} radical 179 (5:100) were added to the aliquots of 50.0 μ L of the different samples. The discoloration due to the 180 cation reduction reaction by the antioxidants in the sample was measured 30 minutes after the start. 181 All assays have been carried out with ethanol, as the ABTS^{*+} radical and the polar antioxidants are 182 soluble in this solvent (Romero et al. 2002).

183 The same procedure has been followed for the lipophilic extracts but, in this case, given the lower 184 concentration of antioxidants, volumes of 3 mL of the diluted solution of $ABTS^{*+}$ radical were added 185 to 150 µL of the extracts, continuing as described above.

186 Instrumentation and software

187 To obtain fluorescence EEMs, a Fluorescence Spectrophotometer Varian Model Cary connected to a 188 PC microcomputer via an IEEE 488 (GPIB) serial interface Eclipse was employed, and the Cary 189 Eclipse 1.0 software was used for data acquisitions. A 1.0-cm quartz cell was used to carry out the 190 measurements at front-face fluorescence mode, utilizing a variable-angle front-face accessory, 191 looking for reflected light, scattered radiation, and depolarization phenomena were minimized. Angle 192 of incidence, defined as the angle between the excitation beam and the perpendicular to the cell 193 surface, was set at 34°. The slits of excitation and emission monochromators were set at 5 nm. EEMs 194 were collected obtaining successive emission spectra (with a resolution of 1 nm), varying the 195 excitation wavelength (with a resolution of 3 nm). Two different ranges were recorded (Table 1).

196

The data were arranged in 3D array with dimensions MxNxP (samples x number of wavelengths emission x number of wavelengths excitation) in order to apply Parallel Factor Analysis (PARAFAC) (Bro, 1997). PARAFAC was applied in Matlab (Matlab R2007b, version 7.5.0.342), using MVC2, a graphic interface available at <u>http://www.iquir-conicet.gov.ar/descargas/mvc2.rar</u> (Olivieri et al. 2009; Olivieri and Escandar 2014). To model the set of fluorescence data by PARAFAC, different number of components must be assayed and the optimum selected. Given that concentrations and spectral values are always positive, non-negative constraints for the resolved profiles for all modes
were applied. ACOC program was used to obtain the figures of merit. (Espinosa-Mansilla et al. 2005)

205 **Results and discussion**

As mentioned in the previous section, samples of tomato paste were obtained from tomatoes of different producers, and they were stored frozen until preparation of the extract to prevent their deterioration. All the samples were subjected to a pre-treatment with the aim to separate the hydrophilic and lipophilic components present in the tomato paste. In brief, hydrophilic and lipophilic extracts from 22 tomato paste samples were analysed, after validation of the spectrophotometric methods used.

212 Measurement of the antioxidant activity in hydrophilic and lipophilic extracts of tomato 213 paste samples.

For the determination of the antioxidant capacity in the different extracts of the tomato paste samples, gallic acid was used as standard for obtaining the calibration plot in the F-C method and a hydrosoluble analogue of vitamin C, Trolox, to carry out the TEAC assay (Pérez-Jiménez et al., 2008).

218 Analysis of samples using the Folin-Ciocalteu method

219 Calibration results for the Folin-Ciocalteau method used in this study are shown in the supplementary 220 information (Table S2). Reagents need to be added in the order mentioned in Materials and methods, 221 for the redox reaction takes place with a color change from yellow to blue when the pH changes to basic medium. The absorption spectrum (400 - 800 nm) of each of the standard solutions was 222 223 recorded, showing a shift of λ_{max} to lower values as the gallic acid concentration increases 224 (hypsochromic shift), although the absorption band is so broad that this does not implies error. Finally, 225 the absorbance was measured at 662 nm. The stability of the signal was examined, during 48 hours 226 in which samples were kept in darkness, concluding that it can be taken 9 hours after preparation of 227 the samples.

The 22 samples of hydrophilic and lipophilic extracts were analyzed following this procedure. These results were expressed in mg GAE/100 g of tomato paste and are shown in Table S4 for the hydrophilic extracts and in Table S5 for the lipophilic ones.

231 The results obtained for hydrophilic and lipophilic extracts from tomato paste showed no very 232 different values among the samples. Fig. 2A and 2B show the total polyphenol for hydrophilic and 233 lipophilic extracts, respectively. In hydrophilic extracts (Fig. 2A) ranges were from 273.9 to 173.4 mg GAE/100 g, being the sample T.85 with the highest level of total polyphenols and T.78 the lowest. 234 235 However, in lipophilic samples (Fig. 2B) the value ranges between 76.8 and 38.2 mg GAE/100 g, 236 being the maximum value for sample T.76 and the minimum for T.103. No correlation has been found between polyphenols content in the hydrophilic and lipophilic extracts of the different samples. The 237 values of total polyphenols by the Folin-Ciocalteu method are much higher in hydrophilic extracts 238 239 than in lipophilic extracts, due to the higher solubility of polyphenolic compounds in a polar 240 environment (acetone: water: acetic acid) as compared with non-polar one (isohexane). On the other 241 hand, carotenoid compounds were found mainly in lipophilic extracts. Other authors studied the 242 content of total polyphenols without considering the different hydrophilic and lipophilic extracts, 243 obtaining very low values of the amount of total polyphenols (Vallverdú-Queralt et al. 2011; Wu et 244 al. 2004). Toor and Savage (2005), studied both fractions classifying the content according to the 245 different parts present in tomato, showing lower values of the amount of total polyphenols than those 246 obtained in tomato paste sample. The main difference between both types of samples is the amount 247 of water present, with a lower amount in the tomato paste, which implies a higher concentration of 248 the rest of the components.

249 Analysis of samples using the TEAC assay

Calibration results for this method are shown in the Table S3. The 22 tomato pastes were analyzed following the procedure described in the Materials and methods section. The results of antioxidant activity were calculated through the Trolox calibration plot, using the absorbance as analytical signal expressed as parts per unit of ABTS⁺⁺ radical elimination. These results are presented in the Fig. 3A

254 and 3B for the hydrophilic and lipophilic extracts, respectively. The antioxidant activity in hydrophilic extracts ranges from 61.1 to 13.7 µmol Trolox/g, showing the highest antioxidant activity 255 256 for the sample T.124 and the lowest for T.108 (Table S6). However, in lipophilic samples (Fig. 3B) 257 the value ranges between 97.00 and 9.30 µmol Trolox/g, being the maximum value for the sample 258 T.126 and T.77 the minimum (Table S7). It is remarkable that these results show greater dispersion 259 that those of polyphenols content. Also, it can be highlighted that, in some samples, the antioxidant 260 activity is higher in lipophilic extracts from tomato paste samples. These results did not correspond 261 to those observed by other authors, who determined the antioxidant capacity of different varieties of 262 (Martínez-Valverde et al. 2002), being the pear tomato one of the most studied. Zanfini et al. (2017) 263 studied the antioxidant activity of total hydrophilic (HAA) and lipophilic (LAA) of different pear 264 tomatoes (red, yellow, pale yellow and black tomato fruits), observing that HAA was higher than 265 LAA and that the Shiren type tomatoes (red), with a high carotenoid and total phenolic contents, 266 showed the highest antioxidant activity. Vallverdú-Queralt et al. (2011) only analyzed the antioxidant 267 activity in hydrophilic extracts of crushed tomato samples. Toor and Savage (2005) determined such 268 activity in both extracts for the different parts of the fruit (seed, pulp and skin), ranging in hydrophilic 269 extracts from 0.82 to 1.14 µmol Trolox/g and from 0.07 to 0.19 mg µmol Trolox/g for lipophilic 270 extracts. Also, different studies have been performed on tomato paste samples. Hence, Capanoglu et 271 al. (2008) applied different assays to evaluate hydrophilic and lipophilic antioxidant activities in 272 samples taken from various tomato processing steps, and they found that the TEAC method gives 273 considerably higher values of antioxidant activity in hydrophilic than in lipophilic extract. Koh et al. 274 (2012) also examined the influence of processing on the content of the different antioxidants and found that, in general, this diminish when fresh tomatoes are processed to tomato pastes, being 275 276 flavonoids contents lower than lipophilic antioxidants (carotene and lycopene) in these last, although 277 ascorbic acid continues being the most abundant of the examined antioxidants. Our results could 278 indicate that the contribution of ascorbic acid to the antioxidant activity of the hydrophilic extracts 279 obtained as described, calculated by the TEAC method applied according to the procedure above 280 detailed, could be low. In these cases, the antioxidant activities of lipophilic extracts, due to carotenoids could be higher than HAA, due to polyphenols, antioxidants mainly present in the 281

hydrophilic extracts (Martí 2018). Nevertheless, the influence of different other factors, such as the preparation of the sample, as well as the origin and variety of the fruit, have to be also in consideration (Lenucci et al. 2006). For example, Jacob et al (2010) found that the effects of thermal processing on the nutritional value of tomato paste differ according to the extension of heating, leading to an enhancement of the phenolic antioxidants of tomatoes, which are responsible for maintaining the antioxidant capacity of processed products after losses of ascorbic acid.

Evaluation of hydrophilic and lipophilic antioxidants of tomato paste by total fluorescencecombined with PARAFAC

To explore the possibility of using fluorescence spectroscopy as tool to evaluate phenolic antioxidants and total activity, different experiments were assayed. Firstly, front-face fluorescence was selected to collect the excitation – emission matrices (EEMs) due to the inner-filter effect decreases as compared with conventional fluorescence. Also, the best ranges for each kind of extract were selected and they are shown in Table 1.

295 After that, tomato lipophilic extracts were evaluated. Samples were prepared as detailed in the 296 Materials and methods section. and EEMs were obtained in the two different ranges. Fig. 4 shows 297 contour plots corresponding to the EEMs for one lipophilic tomato paste extract. As observed, both 298 regions are quite different. Range 1 shows a wide band and maxima signal at wide band from 280 to 299 315 nm for emission and from 250 to 280 nm for excitation. This region might be related with the 300 anthocyanins and other polyphenols compounds (Lai et al. 2007). Range 2 shows maxima better 301 defined and the fluorescent intensity for this range is higher as well. In this case, maxima for 302 excitation at 350 and 370 for excitation and maxima at 400, 425 and 450 nm for emission were found. 303 These regions might be also related with flavonoids. In both cases, the EEMs suggest a mix of 304 compounds. Although the presence of carotenoids is not ruled out, from studies by Lai et al. (2007) 305 for tomato skin pigment extracts in methanol, no evidences were found of any lycopene fluorescence 306 peak in the recorded EEMs. Other authors were also unable to find any lycopene fluorescence peaks 307 (Konagaya et al. 2020), even when compared a lycopene standard with tomato extract (Adília Lemos 308 et al. 2015).

309 When PARAFAC was applied to the samples in the different ranges, first step was to select the 310 optimal number of components to explain the main variance of data. To select the optimal number of 311 components the core consistency criteria was used (Bro and Kiers 2003). Hence, the core value is 312 evaluated when the number of components increases until, at a certain point, the core consistency value decreases suddenly below 50%, indicating that the optimal component number is the 313 314 immediately before the one that causes this change. In this case, the optimal number of components 315 was found to be three. The loadings and scores for the different components were obtained and 316 loadings are shown in Fig.5. The color intensity is proportional to score value and different for each 317 of the components, as shown in the legend to the right of each image. As observed, there are not huge 318 differences when the decomposition of samples was performed. In both ranges, first component 319 presents mainly the same shape that the original EEMs.

320 Scores obtained for each component and a combination of them were related with total polyphenols 321 (mg GAE/100g) and antioxidant activity (µmolTrolox/g). Regarding to polyphenols content, better 322 correlation was found in the case of first range, where the sum of scores and total polyphenols, 323 measured as mg GAE/100 g tomato paste, offered a correlation (r) of 0.826. Also, good correlation 324 was found in the second range between the sum of scores and total polyphenols (r = 0.727). These 325 results are in accordance with expected since these signals were attributed mainly to polyphenols 326 content. In accordance with previous studies by other authors, the fluorescence profiles of these components might correspond with the presence of flavonoids (quercetin, catechin, epicatechin...) 327 328 and anthocyanins (pelargonidine chloride) (Lai et al. 2007; Orzel et al. 2015).

In the case of antioxidant activity, only a good correlation was found between score of the second component in the range 2 and the μ mol Trolox/g tomato paste (r =0.80). However, this correlation is a bit uncertain due to the large peaks observed for this component. The lipophilic extract is mainly formed by carotenoid compounds (β -carotene, γ -carotene...) (Jurado Capel 2012; Lai et al. 2007), which are more soluble in organic solvents, however, carotenoids do not exhibit intense fluorescence signal. This might explain the low correlation in this range. Otherwise, tomato hydrophilic extracts were evaluated. Samples were prepared as described in the Materials and methods section, and EEMs were collected in two different ranges shown in Fig.6. As observed, in the first range, the main fluorescence signals appear at 220 and 280 nm for excitation and 360 nm for emission. This region might be related with polyphenols as gallic acid among others. This region also presents more intense signal compared with second range. Second range exhibits a maximum signal non-well-defined, as in the first range, around 325/430 nm for excitation/emission, respectively.

342 In this case, PARAFAC was also applied, and the optimal number of components was three in both 343 ranges. Loadings for components in each range are shown in the Fig. 7. Scores were correlated with 344 total polyphenols and antioxidant activity. As for lipophilic extracts, better correlations were found 345 in the case of first range, where the sum of scores for component 1 and 3 and total polyphenols 346 measured as mg GAE/100 g tomato paste offered a correlation (r) of 0.731 while the scores for 347 component 3 and total polyphenols offered a correlation of 0.744. In the second range, also good 348 correlation was found for total polyphenols and scores for first component (r = 0.790). This 349 component presents a similar shape described for flavonoids by other authors (Lai et al. 2007). As 350 expected, these ranges are attributed to total polyphenols, mainly extracted in the hydrophilic extracts. 351 However, in the case of Trolox content (umol Trolox/g tomato paste), poor correlations were found 352 for all combination of scores values assayed.

The obtained results point to the polyphenolic compounds as the main antioxidant compounds responsible of fluorescent signals in both the hydrophilic and lipophilic extracts of tomato paste. It would be interesting to perform a comparative study with the raw tomato utilized to check if there is a loss of antioxidant compounds during preparation of tomato paste samples. Other possibility is that some of the lipophilic antioxidants that could exhibit fluorescence be in a conjugate non-fluorescent form.

359 **Conclusions**

16

360 Fluorescence signals to evaluate the hydrophilic and lipophilic antioxidant activity in different extracts of tomato paste, as an alternative to other established methods, were proposed. Good signals 361 362 from the EEMs of different extracts from paste samples of Spanish tomatoes were obtained with a 363 simple and fast procedure. The evaluation of hydrophilic and lipophilic compounds in tomato samples 364 by front-face fluorescence combined with PARAFAC was performed obtaining good results in 365 accordance with the Folin-Ciocalteu and TEAC assays analysis. The values of phenolic antioxidants 366 were much higher in hydrophilic extracts than in lipophilic extracts, while the antioxidant activity is 367 slightly greater in these last. No correlation was found, in both polyphenols content and antioxidant 368 activity, between the hydrophilic and lipophilic extracts of the different samples. Some antioxidant 369 compound families were tentatively identified considering the literature data, which could be 370 responsible from the signals in the EEMs as shown the correlation between score values of some 371 components and the hydrophilic and lipophilic antioxidant activity measured by the 372 spectrophotometric assays.

373 Compliance with Ethical Standards

374 Ethical Approval

This article does not contain any studies with human participants or animals performed by any of theauthors.

377 Conflict of Interest², ¹, Olga Monago-Maraña³, ⁴, ⁴ and Teresa Galeano-Díaz^{*1,2}

- 378 Rosario Pardo-Botello declares that she has no conflict of interest.
- 379 Fátima Chamizo-Calero declares that she has no conflict of interest.
- 380 Olga Monago-Maraña declares that she has no conflict of interest.
- 381 Raquel Rodríguez-Corchado declares that she has no conflict of interest.
- 382 Rosa de la Torre-Carreras declares that she has no conflict of interest.
- 383 Teresa Galeano-Díaz declares that she has no conflict of interest.

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388 Informed Consent

389 Not applicable.

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Hydrophilic extracts								
	Excitation (nm)	Emission (nm)	Slit (nm)	Voltage (V)				
	(3 nm steps)	(1 nm steps)	Siit (iiiii)	voltage (v)				
Range 1	210 - 300	310 - 390	5	630				
Range 2	295 - 350	380 - 480	5	630				
Lipophilic extr	acts							
	Excitation (nm)	Emission (nm)	Slit (nm)	Voltago (V)				
	(3 nm steps)	(1 nm steps)	Siit (iiiii)	voltage (v)				
Range 1	230 - 283	290 - 340	5	630				
Range 2	315 - 385	390 - 500	5	630				

Table 1. Instrumental conditions utilized in the recording EEMS

Figure Captions

Fig. 1: Scheme for tomato paste preparation process.

Fig. 2. Total polyphenols content for each sample, expressed in mg GAE/100 g of tomato paste in the hydrophilic (A) and lipophilic (B) extracts.

Fig. 3. Antioxidant activity for each sample (TEAC assay), expressed in µmol Trolox/g of tomato paste in the hydrophilic (A) and lipophilic (B) extracts.

Fig. 4. EEMs of a lipophilic extract in the two different ranges examined. Range 1 (left): excitation from 230 to 283 nm and emission from 290 to 340 nm and range 2 (right): excitation from 315 to 383 nm and emission from 390 to 500 nm.

Fig. 5. Contour plots of the different components obtained by PARAFAC decomposition for the group of lipophilic extracts.

Fig. 6. EEMs of an hydrophilic extract in the two different ranges studied. Range 1 (left): excitation from 210 to 300 nm and emission from 310 to 390 nm and range 2 (right): excitation from 295 to 350 nm and emission from 380 to 480 nm.

Fig. 7. Contour plots of the different components obtained by PARAFAC decomposition for the group of hydrophilic extracts.







Figure 2







Figure 4











Figure 5



Figure 6



Figure 7

Sample	% water	pН	°Brix	Acidity	g		col	or	
-		-		(g citric	NaCl/	L	a	b	a/b
				acid/100g)	100 g				
76	56.69	4.38	30.16	1.83	0.14	23.78	26.87	14.78	1.82
77	52.69	4.38	36.98	2.45	0.20	23.85	31.51	14.45	2.18
78	67.86	4.35	29.26	2.05	0.19	25.15	30.04	15.07	1.99
80	58.79	4.36	37.15	2.28	0.15	24.34	32.18	14.80	2.17
81	66.83	4.44	29.12	1.79	0.08	23.28	32.56	14.67	2.22
85	58.34	4.42	36.90	2.30	0.13	23.63	32.04	14.57	2.20
89	65.68	4.42	29.22	2.31	0.15	22.54	32.14	14.25	2.26
90	66.12	4.42	29.13	2.13	0.11	24.93	29.68	11.57	2.57
91	57.01	4.42	37.42	2.53	0.11	25.32	28.86	11.83	2.44
93	56.85	4.43	37.33	2.90	0.07	23.52	32.04	14.73	2.18
96	55.38	4.47	37.25	2.60	0.09	23.75	32.20	14.76	2.18
97	57.67	4.45	38.62	3.28	0.13	24.85	34.04	15.42	2.21
100	65.15	4.52	30.04	2.05	0.17	24.38	32.38	15.08	2.15
103	66.06	4.51	29.38	1.86	0.03	24.62	30.09	15.14	1.99
108	63.89	4.55	30.09	1.70	0.15	22.72	31.74	14.24	2.23
109	58.26	4.35	37.32	2.38	0.11	24.63	33.82	15.23	2.22
111	65.18	4.36	28.68	1.82	0.07	24.78	30.04	15.04	2.00
114	64.82	4.36	30.77	1.94	0.09	22.80	27.70	14.17	1.96
116	65.36	4.44	29.74	1.17	0.22	23.19	31.63	14.63	2.16
120	62.29	4.35	31.33	2.02	0.13	24.63	33.79	15.19	2.22
124	66.57	4.53	28.72	1.48	0.12	23.19	29.90	14.32	2.09
126	58.19	4.36	37.25	2.80	0.20	23.09	32.97	14.49	2.28

 Table S1.
 Characteristics of tomato paste samples

	Figure of merit	
Slope (m) (L/mg)		0.0952
Origin value (b) (A)		-0.004
Standard deviation of slope (S _m)		0.001
Standard deviation of origin (S _b)		0.008
Standard deviation of regression (S	0.019	
Determination coefficient (R ²)	0.998	
Analytical sensitivity (γ^{-1}) (mg/L)		0.248
Limit of detection (LOD) (mg/L)	Long-Winefordner*	0.291
Limit of detection (LOD) (Ing/L)	Clayton**	0.498
Limit of quantification (LOQ)	1.00	
(mg/L)	Clayton	1.67

Table S2. Figures of merit obtained for calibration of Folin-Ciocalteu method, using the ACOC program.

*G. L. Long and J. D. Winefordner, Anal. Chem. 1983, 55, 07, 712A–724A

**C. A. Clayton, J. W. Hines, and P. D. Elkins, Anal. Chem. 1987, 59, 20, 2506-2514

Figure of merit					
Slope (m) (L/mg)	1.88				
Origin value (b) (A)	0.026				
Standard deviation of slope (S _m)	0.030				
Standard deviation of origin (S_b)	0.007				
Standard deviation of regression $(S_{y/x})$	0.023				
Determination coefficient (R ²)	0.999				
Analytical sensitivity (γ ⁻¹) (mg/L)	0.012				
Limit of detection (LOD) (mg/L)	Long-Winefordner (mg/L)	0.012			
	Clayton (mg/L)	0.028			
Limit of quantification (LOO) (mg/L)	Long-Winefordner (mg/L) 0.				
	Clayton (mg/L)	0.093			

 Table S3. Figures of merit obtained for Trolox calibration, using the ACOC program.

Sample name	weight (g)	A (662 nm)	C (µg/mL)	Total polyphenols mg GAE/100 g
T.76	0.5041	0.688	7.252	239.8 ± 7.1
T.77	0.5036	0.610	6.435	212.9 ± 7.2
T.78	0.5077	0.500	5.283	173.4 ± 7.0
T.80	0.5039	0.751	7.913	261.7 ± 7.2
T.81	0.5077	0.655	6.909	226.8 ± 7.1
T.85	0.5063	0.790	8.319	273.9 ± 7.2
T.89	0.5027	0.673	7.097	235.3 ± 7.2
T.90	0.5068	0.696	7.335	241.2 ± 7.2
T.91	0.5065	0.705	7.428	244.4 ± 7.1
Т.93	0.5024	0.733	7.721	256.2 ± 7.1
T.96	0.5319	0.731	7.703	241.4 ± 7.2
T.97	0.4710	0.506	5.346	189.2 ± 6.8
T.100	0.5057	0.617	6.506	214.4 ± 7.6
T.103	0.5003	0.584	6.164	205.4 ± 7.1
T.108	0.4673	0.587	6.196	221.0 ± 7.2
T.109	0.5071	0.559	5.894	193.7 ± 7.7
T.111	0.5094	0.552	5.826	190.6 ± 7.1
T.114	0.5014	0.534	5.640	187.5 ± 7.0
T.116	0.5236	0.741	7.804	248.4 ± 7.1
T.120	0.5035	0.683	7.199	238.3 ± 6.9
T.124	0.5007	0.671	7.076	235.6 ± 7.1
T.126	0.5087	0.557	5.875	192.5 ± 7.2

 Table S4. Experimental data and total polyphenols present in the hydrophilic extracts

Sample name	weight (g)	A (662 nm)	C (µg/mL)	Total polyphenols mg GAE/100 g
T.76	0.5037	0.140	1.548	76.81 ± 10
T.77	0.5014	0.078	0.822	40.98 ± 10
T.78	0.5026	0.099	0.992	49.32 ± 10
T.80	0.5044	0.135	1.398	69.29 ± 10
T.81	0.5006	0.084	1.082	54.02 ± 10
T.85	0.5025	0.098	1.103	54.86 ± 10
T.89	0.5005	0.0767	0.842	42.07 ± 10
T.90	0.5019	0.098	1.105	55.03 ± 10
T.91	0.5020	0.082	0.884	44.01 ± 10
Т.93	0.5036	0.104	1.020	50.63 ± 10
T.96	0.5015	0.099	1.111	55.38 ± 10
T.97	0.5003	0.087	0.957	47.82 ± 10
T.100	0.5038	0.118	1.328	65.89 ± 10
T.103	0.5011	0.070	0.766	38.20 ± 10
T.108	0.5048	0.109	1.256	62.18 ± 10
T.109	0.5049	0.093	0.995	49.26 ± 10
T.111	0.5040	0.137	1.514	75.11 ± 10
T.114	0.5029	0.098	1.212	60.23 ± 10
T.116	0.5034	0.157	1.528	75.87 ± 10
T.120	0.5017	0.093	0.944	47.01 ± 10
T.124	0.5006	0.093	1.134	56.63 ± 10
T.126	0.5049	0.125	0.995	49.26 ± 10

Table S5. Experimental data and total polyphenols present in the lipophilic extracts

		ABTS ^{*+} radical elimination			
Sample name	weight (g)	(parts per unit)	C (μΝΙ)	µmol 1 rolox/g	
T.76	0.5041	0.42	207.2	25.89 ± 0.04	
T.77	0.5036	0.71	364.0	45.54 ± 0.04	
T.78	0.5077	0.69	350.5	43.50 ± 0.04	
T.80	0.5039	0.72	365.8	45.74 ± 0.04	
T.81	0.5077	0.53	265.4	32.94 ± 0.04	
T.85	0.5063	0.32	153.9	19.15 ± 0.04	
T.89	0.5027	0.30	144.6	18.12 ± 0.04	
T.90	0.5068	0.28	136.9	17.02 ± 0.04	
T.91	0.5065	0.31	149.1	18.54 ± 0.04	
T.93	0.5024	0.33	161.5	20.26 ± 0.04	
T.96	0.5319	0.38	188.7	22.35 ± 0.05	
T.97	0.4710	0.52	259.6	34.72 ± 0.04	
T.100	0.5057	0.85	435.9	54.31 ± 0.04	
T.103	0.5003	0.24	114.6	14.42 ± 0.04	
T.108	0.4673	0.22	101.7	13.71 ± 0.04	
T.109	0.5071	0.40	195.7	24.32 ± 0.04	
T.111	0.5094	0.57	287.1	35.50 ± 0.04	
T.114	0.5014	0.48	241.5	30.34 ± 0.04	
T.116	0.5236	0.40	195.7	23.54 ± 0.04	
T.120	0.5035	0.40	198.9	24.89 ± 0.04	
T.124	0.5007	0.94	485.6	$\boldsymbol{61.10 \pm 0.04}$	
T.126	0.5087	0.48	239.5	29.66 ± 0.04	

Table S6. Experimental data and total antioxidant capacity expressed in µmol Trolox/g of tomato paste in hydrophilic extracts.

Sampla nama	Woight (g)	ABTS ⁺⁺ radical elimination		umal Tralay/ a
Sample name	weight (g)	(parts per unit)	C (μΜ)	µmor rrotox/ g
T.76	0.5037	0.13	55.07	45.92 ± 0.08
T.77	0.5014	0.05	11.12	9.31 ± 0.08
T.78	0.5026	0.12	49.85	41.66 ± 0.08
T.80	0.5044	0.05	13.29	11.07 ± 0.08
T.81	0.5006	0.13	54.85	46.02 ± 0.08
T.85	0.5025	0.23	109.3	91.32 ± 0.08
T.89	0.5005	0.21	96.78	81.21 ± 0.08
T.90	0.5019	0.12	48.69	40.74 ± 0.08
T.91	0.502	0.09	34.25	28.66 ± 0.08
T.93	0.5036	0.12	50.21	41.88 ± 0.08
T.96	0.5015	0.14	57.83	48.43 ± 0.08
T.97	0.5003	0.18	79.44	66.69 ± 0.08
T.100	0.5038	0.09	32.95	27.47 ± 0.08
T.103	0.5011	0.07	20.33	17.04 ± 0.08
T.108	0.5048	0.20	92.86	77.26 ± 0.08
T.109	0.5049	0.12	51.01	42.43 ± 0.08
T.111	0.504	0.12	50.07	41.72 ± 0.08
T.114	0.5029	0.08	26.86	22.43 ± 0.08
T.116	0.5034	0.13	56.23	46.92 ± 0.08
T.120	0.5017	0.18	78.86	66.02 ± 0.08
T.124	0.5006	0.10	40.49	33.97 ± 0.08
T.126	0.5049	0.25	116.6	96.98 ± 0.08

Table S7. Experimental data and total antioxidant capacity expressed in µmol Trolox/g of tomato paste in hydrophilic extracts.